

**MECCA** is a community-based, not-for-profit organization whose programs and services span the entire treatment and prevention continuum.

MECCA's diverse staff is committed to providing the best possible individualized care to our clients. Staff expertise includes: substance abuse counseling, psychiatry, vocational rehabilitation, social work, psychology, public health, teaching and nursing.

MECCA programs and services include:

- ◆ Prevention
- ◆ Early intervention
- ◆ Education
- ◆ Assessment and evaluation
- ◆ Detoxification
- ◆ Outpatient and residential treatment
- ◆ Continuing Care

### **Confidentiality**

Anyone may call MECCA with concerns about his/her own or someone else's substance use. All calls are confidential. MECCA will not release information about any individuals without their prior, written consent.

## **Contact Us:**

### **Central Iowa Regional Office**

3451 Easton Blvd.  
Des Moines, Iowa 50317  
(515) 262-0349  
FAX (515) 266-6808

### **Eastern Iowa Regional Office**

430 Southgate Avenue  
Iowa City, Iowa 52240  
(319) 351-4357  
FAX (319) 351-4907

## **12-Hour OWI Course**

**MECCA SERVICES**

**Substance Abuse Services**

Para servicios en español, llame  
(319) 351-4357

[www.meccaservices.com](http://www.meccaservices.com)



This course meets the Department of Education and Department of Transportation requirements under Iowa law 321J.2 and 321J.17.

## 12-Hour OWI Course

### Our OWI Program:

- ◆ Helps participants estimate their personal level of risk for developing alcohol or other drug problems.
- ◆ Teaches specific, research-based guidelines.
- ◆ Helps participants to develop a specific action plan to avoid further problems with alcohol or drugs.

### Research-based Course

The 12-Hour OWI Program is based on research. The instructors do not moralize, judge or dictate. The course provides new information and support in order to assist people in exploring new beliefs and changing behaviors.

### Instructors

All of our instructors have been certified by the Prevention Research Institute and are experienced substance abuse professionals.

### Registration

Contact any of our facilities for MECCA's full schedule of classes. For your convenience, classes are offered at a variety of times.

Classes in Spanish are available at some of our locations.

### Fees

All OWI classes in the State of Iowa are required to charge the same amount for the 12-Hour OWI Course. The fee is \$115, which includes the student manual. Manuals will be distributed at the first class.



**Please note:** It is necessary to pay the entire price of the course before entering the class the first day.

### Completion of the Class

In order to meet the Iowa Department of Transportation requirements, participants must be on time and must complete the full 12 hours of class.

At the completion of class, information will be sent electronically to the Iowa Department of Transportation (DOT). Normally, it takes the DOT 7-14 days to process this information.

### Classes in Spanish

For services in Spanish, please call (319) 351-4357.

### OWI Evaluations

MECCA staff are also able to do complete substance abuse evaluations, as required by the Iowa Department of Transportation. Please call us if you have questions or would like to schedule an evaluation.